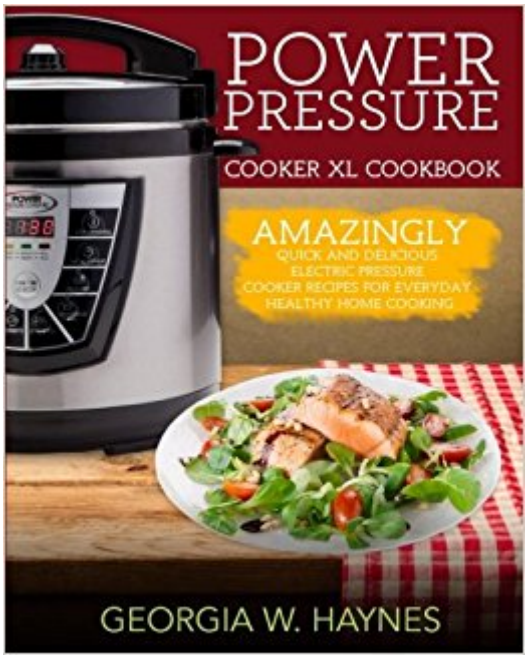
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Power Pressure Cooker XL Cookbook: Amazingly Quick & Delicious Electric Pressure Cooker Recipes For Everyday Healthy Home Cooking



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Synopsis

Home cooked food is the most nutritious and healthy. When you are health conscious and want to be sure about the quality and taste of your meals, home cooking stands out to be the best option. The cooking time and other necessary chores related to home cooking makes it difficult for modern day professionals to maintain the healthy lifestyle they desire. What if we say that there is a method to prepare home cooked foods in least possible time (say about 90 percent less time) and that too with 90 percent nutrient retention? The additional benefits can be less side chores in the kitchen and fewer harmful by-products. Yes, we are talking about the most attractive cooking method of the modern day world where you can make your favorite dishes at home and that to with the mentioned benefits. It is the Power Pressure Cooking method where the Power Pressure Cooker (XL) is to be used as the main cooking utensil and you can actually cook large meals (i.e. for the entire family) or you can cook large meals and store it for later use.

Book Information

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Customer Reviews

The author first explains the benefits of eating of eating healthy meals which is a great requirement for a healthy living.The book contains excellent recipes for your pressure cooker with a guide that will ensure that you get the desired taste from the meals.This is a must have cookbook for all who loves a cooking and eating amazing meals.

This book contains a really huge collection of tasty & healthy recipes, with clear directions and easily accessible ingredients that can be found in any grocery store. This book contains a truly

colossal accumulation of wonderful and sound formulas, with clear headings and effectively available fixings that can be found in any market. Also, every formula accompanies its nutritious esteem joined to it. Really worth recommending!

I have no idea how this book got a 5 star review. The majority of the meat recipes were lamb, which I have never had and don’t even know where you’d buy it in my area. Lots of strange, to me, ingredients....Lichi Cheesecake??? Poorly written. If I could send it back, I would. I gave it a 2 because some people may eat a lot of lamb, for me it would be a zero.

So the structure of the book inside I have shot down. The page about the food is black and white. The book has a detailed introduction to the practice of food. I hope I will get some delicious food , just do it!

Love it so much thank you I would gave it a 5 star Mrs.Fillis

Love my power pressurec cooker and this book.

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